

# **YumboRama!**



**Phone Orders 04521 90470**

**Local Fresh & Delivered**

**Meals Made by Humans Not Machines**

yumborama@gmail.com / Richard / Ph: 04521 90470		Local & Fresh Homestyle Heat & Eat Meals			
YumboRama Menu Item		Full Price 100%	NDIS 70%	Client 30%	Delivered
<b>March 2023</b>					
1	Creamy Pumpkin Soup	\$9.50	\$6.65	<b>\$2.85</b>	FROZEN
2	Hearty Beef & Barley Soup	\$9.50	\$6.65	<b>\$2.85</b>	FROZEN
3	Garden Salad with Cherry Toms & Fetta	\$8.50	\$5.95	<b>\$2.55</b>	CHILLED
4	Warm Peanut Chicken Salad	\$17.50	\$12.25	<b>\$5.25</b>	CHILLED
5	Chicken Ceaser Salad	\$17.50	\$12.25	<b>\$5.25</b>	CHILLED
6	Smoked Salmon Salad	\$17.50	\$12.25	<b>\$5.25</b>	CHILLED
7	Coleslaw	\$5.00	\$3.50	<b>\$1.50</b>	CHILLED
8	Beef or Vegetarian Lasagne in Bolognese Sauce	\$12.50	\$8.75	<b>\$3.75</b>	FROZEN
9	Homestead Cottage Pie	\$12.50	\$8.75	<b>\$3.75</b>	FROZEN
10	Lambs Fry with Bacon in Gravy with Mash & Mushy Peas	\$15.00	\$10.50	<b>\$4.50</b>	FROZEN
11	The Big Banger & Mash with Carermalised Onion & Peas (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
12	The Big Banger & Mash with Carermalised Onion & Peas (Hearty)	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED
13	Tandoori Chicken Drumsticks with a Cucumber Raita (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
14	Tandoori Chicken Drumsticks with a Cucumber Raita (Hearty)	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED
15	Beef Casserole with Mixed Vegies & Mash (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
16	Beef Casserole with Mixed Vegies & Mash (Mid Size)	\$16.50	\$11.55	<b>\$4.95</b>	CHILLED
17	Beef Casserole with Mixed Vegies & Mash (Hearty)	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED
18	Roast Pork & Crackling / Roast Vegies / Cabbage n Bacon / Gravy & Apple Sauce (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
19	Roast Pork & Crackling / Roast Vegies / Cabbage n Bacon / Gravy & Apple Sauce (Mid Size)	\$16.50	\$11.55	<b>\$4.95</b>	CHILLED

<b>yumborama@gmail.com / Richard / Ph: 04521 90470</b>		<b>Local &amp; Fresh Homestyle Heat &amp; Eat Meals</b>			
<b>YumboRama Menu Item</b>		<b>Full Price 100%</b>	<b>NDIS 70%</b>	<b>Client 30%</b>	<b>Delivered</b>
<b>March 2023</b>					
20	Roast Pork & Crackling / Roast Vegies / Cabbage n Bacon / Gravy & Apple Sauce (Hearty)	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED
21	Corned Silverside with Mash & Mixed Vegies in White Sauce (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
22	Corned Silverside with Mash & Mixed Vegies in White Sauce (Mid Size)	\$16.50	\$11.55	<b>\$4.95</b>	CHILLED
23	Corned Silverside with Mash & Mixed Vegies in White Sauce (Hearty)	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED
24	Lamb Rissole with Mixed Veg and Gravy (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
25	Beef Risole with Carermalised Onion & Peas (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
26	Chicken Tenderloins with Mash & Vegies & Gravy (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
27	Chicken Tenderloins with Mash & Vegies & Gravy (Mid Size)	\$16.50	\$11.55	<b>\$4.95</b>	CHILLED
28	Chicken Tenderloins with Mash & Vegies & Gravy (Hearty)	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED
29	Slow Cooked Lamb with Baked Vegies Greens & Gravy (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
30	Slow Cooked Lamb with Baked Vegies Greens & Gravy (Mid Size)	\$16.50	\$11.55	<b>\$4.95</b>	CHILLED
31	Slow Cooked Lamb with Baked Vegies Greens & Gravy (Hearty)	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED
32	Chicken Baked Dinner Roast Vegies Greens & Gravy (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
33	Chicken Baked Dinner Roast Vegies Greens & Gravy (Mid Size)	\$16.50	\$11.55	<b>\$4.95</b>	CHILLED
34	Chicken Baked Dinner Roast Vegies Greens & Gravy (Hearty)	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED
35	Beef Brisket Mixed Vegies & Mash in a Hickory Sauce (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
36	Beef Brisket Mixed Vegies & Mash in a Hickory Sauce (Mid Size)	\$16.50	\$11.55	<b>\$4.95</b>	CHILLED
37	Beef Brisket Mixed Vegies & Mash in a Hickory Sauce (Hearty)	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED
38	Slow Roasted Pork Belly with Mash Greens & Gravy	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED

<b>yumborama@gmail.com / Richard / Ph: 04521 90470</b>		<b>Local &amp; Fresh Homestyle Heat &amp; Eat Meals</b>			
<b>YumboRama Menu Item</b>		<b>Full Price 100%</b>	<b>NDIS 70%</b>	<b>Client 30%</b>	<b>Delivered</b>
<b>March 2023</b>					
39	Chicken Schnitzel with Mash Mixed Vegies & Gravy	\$18.50	\$12.95	<b>\$5.55</b>	CHILLED
40	Chicken Breast Parmigiana with Mash & Mixed Vegies (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
41	Chicken Breast Parmigiana with Mash & Mixed Vegies (Mid Size)	\$16.50	\$11.55	<b>\$4.95</b>	CHILLED
42	Chicken Breast Parmigiana with Mash & Mixed Vegies (Hearty)	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED
43	Chicken Breast in a Creamy Mushroom Sauce with Mash and Vegies (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
44	Chicken Breast in a Creamy Mushroom Sauce with Mash and Vegies (Mid Size)	\$16.50	\$11.55	<b>\$4.95</b>	CHILLED
45	Chicken Breast in a Creamy Mushroom Sauce with Mash and Vegies (Hearty)	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED
46	Peri Peri Chicken Veg & Slaw	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED
47	Chicken Thighs in a Traditional Curried Sauce with Mash and Mixed Vegies (Compact)	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
48	Chicken Thighs in a Traditional Curried Sauce with Mash and Mixed Vegies (Mid Size)	\$16.50	\$11.55	<b>\$4.95</b>	CHILLED
49	Chicken Thighs in a Traditional Curried Sauce with Mash and Mixed Vegies (Hearty)	\$21.50	\$15.05	<b>\$6.45</b>	CHILLED
50	Barramundi with Roast Potatoes and Greens	\$22.50	\$15.75	<b>\$6.75</b>	FROZEN
51	Teriyaki Chicken / Vegetarian / Pork Gyoza Dumplings with Sweet Soy & Chilli Sauce	\$12.50	\$8.75	<b>\$3.75</b>	FROZEN
52	Spaghetti Bolognese & Parmesan Cheese	\$15.00	\$10.50	<b>\$4.50</b>	FROZEN
53	Beef Stronganoff with Sour Cream & Fettucine	\$17.50	\$12.25	<b>\$5.25</b>	FROZEN
54	Vegetarian Pene Pasta in a Napolitano Sauce	\$15.00	\$10.50	<b>\$4.50</b>	FROZEN
55	Chicken and Chorizo Spiced Paella	\$12.50	\$8.75	<b>\$3.75</b>	FROZEN
56	Onesie Butter Chicken	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
57	Onesie Tandoori Chicken	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED

yumborama@gmail.com / Richard / Ph: 04521 90470		Local & Fresh Homestyle Heat & Eat Meals			
YumboRama Menu Item		Full Price 100%	NDIS 70%	Client 30%	Delivered
<b>March 2023</b>					
58	Onesie Chicken or Vegeatrian Satay	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
59	Onesie Chicken or Vegetarian Thia Green Curry	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
60	Onesie Chicken or Vegetarian Option with Ginger in Oyster Sauce	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
61	Onesie Chicken or Vegetarian Korma	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
62	Onesie Spicy Chicken or Vegetarian Laksa	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
63	Onesie Spaghetti Bolognese	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
64	Onesie Vegetarian Pene Pasta in a Napolitano Sauce	\$12.50	\$8.75	<b>\$3.75</b>	CHILLED
65	Curried Sausages with Rice	\$15.00	\$10.50	<b>\$4.50</b>	FROZEN
66	Butter Chicken with Rice	\$15.00	\$10.50	<b>\$4.50</b>	FROZEN
67	Tandoori Chicken with Rice	\$15.00	\$10.50	<b>\$4.50</b>	FROZEN
68	Peanut Satay Chicken with Rice	\$16.50	\$11.55	<b>\$4.95</b>	FROZEN
69	Peanut Satay Beef Rump with Rice	\$17.50	\$12.25	<b>\$5.25</b>	FROZEN
70	Chicken Thighs in a Traditional Curried Sauce with Rice	\$16.50	\$11.55	<b>\$4.95</b>	FROZEN
71	Vegetable Korma with Rice	\$15.00	\$10.50	<b>\$4.50</b>	FROZEN
72	Chicken Korma with Rice	\$16.50	\$11.55	<b>\$4.95</b>	FROZEN
73	Chicken with Ginger in Oyster Sauce with Rice	\$16.50	\$11.55	<b>\$4.95</b>	FROZEN
74	Beef with Ginger in Oyster Sauce with Rice	\$17.50	\$12.25	<b>\$5.25</b>	FROZEN
75	Thai Green Chicken Curry with Rice	\$16.50	\$11.55	<b>\$4.95</b>	FROZEN
76	Thai Green Beef Curry with Rice	\$17.50	\$12.25	<b>\$5.25</b>	FROZEN

yumborama@gmail.com / Richard / Ph: 04521 90470		Local & Fresh Homestyle Heat & Eat Meals			
YumboRama Menu Item		Full Price 100%	NDIS 70%	Client 30%	Delivered
<b>March 2023</b>					
77	Malaysian Coconut Beef, Greens & Vermicelli Noodles	\$17.50	\$12.25	<b>\$5.25</b>	FROZEN
78	Spicy Chicken Laksa, Bok Choy Green Beans & Noodles	\$16.50	\$11.55	<b>\$4.95</b>	FROZEN
79	Home Made Beef Pie in Groovy Gravy	\$7.00	\$4.90	<b>\$2.10</b>	FROZEN
80	Curry Beef Pie	\$7.00	\$4.90	<b>\$2.10</b>	FROZEN
81	Worchestershire Beef Pie	\$7.00	\$4.90	<b>\$2.10</b>	FROZEN
82	Bolgnese & Cheese Beef Pie	\$7.00	\$4.90	<b>\$2.10</b>	FROZEN
83	Cheese Beef & Bacon Pie in Puff Pastry	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
84	BBQ Beef Brisket Pie	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
85	Mushroom Brisket Pie	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
86	Pepper Brisket Pie	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
87	Tomato & Onion Brisket Pie	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
88	Jalapeno Brisket Pie	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
89	Chicken & Leek Mornay Pie	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
90	Beef Sausage Roll	\$7.00	\$4.90	<b>\$2.10</b>	FROZEN
91	Beef, Cheese & Bacon Sausage Roll	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
92	Pork, Chorizo and Fennel Sausage Roll	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
93	Spinach Feta & Ricotta Pastry Roll	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
94	Macoroni with Melty Cheese & Bacon	\$8.50	\$5.95	<b>\$2.55</b>	FROZEN
95	Bacon Fried Rice	\$8.50	\$5.95	<b>\$2.55</b>	FROZEN

yumborama@gmail.com / Richard / Ph: 04521 90470		Local & Fresh Homestyle Heat & Eat Meals			
YumboRama Menu Item		Full Price 100%	NDIS 70%	Client 30%	Delivered
<b>March 2023</b>					
96	Roasted Root Vegetables	\$8.50	\$5.95	<b>\$2.55</b>	CHILLED
97	Mixed Steamed Vegies Pack	\$8.50	\$5.95	<b>\$2.55</b>	CHILLED
98	Cauliflower & Melty Cheese Gratin	\$8.50	\$5.95	<b>\$2.55</b>	FROZEN
99	Groovy Gravy	\$4.50	\$3.15	<b>\$1.35</b>	CHILLED
100	Mashed Potato	\$5.00	\$3.50	<b>\$1.50</b>	CHILLED
101	Mushy Peas	\$5.00	\$3.50	<b>\$1.50</b>	CHILLED
102	Apple Pie in Flaky Puff Pastry	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
103	Fudgie Chocolate Brownies	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
104	Sticky Date Pudding	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
105	Chocolate Ice Cream	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
106	Vanilla Ice Cream	\$7.50	\$5.25	<b>\$2.25</b>	FROZEN
107	Chocolate Gyoza Dumplings (6) to a pack	\$12.50	\$8.75	<b>\$3.75</b>	FROZEN
108	Banana Gyoza Dumplings (6) to a pack	\$12.50	\$8.75	<b>\$3.75</b>	FROZEN