

YumboRama!



Phone Orders 04521 90470

Local Fresh & Delivered

Meals Made by Humans Not Machines

Welcome to YumboRama!

It's great to have you along for our ride. What we have here is a hard copy version of our local & fresh, hearty & healthy, home style, heat & eat menu, where no cooking or cutting is required, with some photos included, to show you a sample of what our meals really do look like.

We have both frozen and chilled options, ready for the fridge or freezer, keeping in mind that the meals we deliver chilled, can also be frozen. So, if you don't get to these chilled meals within the first few days, just move them up to the freezer.

Most of our chilled dishes have various portion sizes, those being Compact then Mid-Size with Hearty being the largest.

There are rice and pasta dishes as well. We have a range of these meals we call Onesies which are smaller portions, where everything is in the one container. Onesies are delivered chilled, not frozen, but can be frozen if need be.

The larger rice and pasta portions will come in two containers and are delivered frozen.

We make all our own pies and sausage rolls, as well as our own ice creams and desserts. We really do have a wonderful and diverse menu where there is something for everyone!

The heating instructions are labelled in large lettering on each meal container. Most meals can be heated within (3-4) minutes in a microwave. Menu items such as our pies and sausage rolls are best heated in an oven or air-fryer.

We do not add preservatives to any of our meals and our fresh produce is all sourced locally, plus all our packaging is biodegradable or recyclable.

If you have a Home Care Package (HCP) under your My Aged Care funding, where meals are included, we can provide you with your meals at 30% of the full price, with the balance being covered via your HCP.

So, when you look at the price list attached, if we are supplying your meals under your HCP, the 30% column will apply.

We can still offer discounts and savings even if you do not have a HCP and there is a standing 10% concession for all Seniors.

Our meals are usually delivered between 4pm and 6pm

Orders can be placed online via our website, or if you prefer, we are very happy to take your order over the phone. The best days to place phone orders are on a Monday or Thursday and we can usually deliver your meals either the next day or soon after.

We are sure you will be surprised and relieved once you try us on for size here at YumboRama!

As we say, meals made locally and fresh by humans, not machines, where you can taste the home style goodness, and feel the service that comes with old fashioned, corner shop customer care.

Richard Vidler / Owner

yumborama@gmail.com / Richard / Ph: 04521 90470		Local & Fresh Homestyle Heat & Eat Meals			
YumboRama Menu Item		Full Price 100%	HCP 70%	Client 30%	Delivered
March 2023					
1	Creamy Pumpkin Soup	\$9.50	\$6.65	\$2.85	FROZEN
2	Hearty Beef & Barley Soup	\$9.50	\$6.65	\$2.85	FROZEN
3	Garden Salad with Cherry Toms & Fetta	\$8.50	\$5.95	\$2.55	CHILLED
4	Warm Peanut Chicken Salad	\$17.50	\$12.25	\$5.25	CHILLED
5	Chicken Ceaser Salad	\$17.50	\$12.25	\$5.25	CHILLED
6	Smoked Salmon Salad	\$17.50	\$12.25	\$5.25	CHILLED
7	Coleslaw	\$5.00	\$3.50	\$1.50	CHILLED
8	Beef or Vegetarian Lasagne in Bolognese Sauce	\$12.50	\$8.75	\$3.75	FROZEN
9	Homestead Cottage Pie	\$12.50	\$8.75	\$3.75	FROZEN
10	Lambs Fry with Bacon in Gravy with Mash & Mushy Peas	\$15.00	\$10.50	\$4.50	FROZEN
11	The Big Banger & Mash with Carermalised Onion & Peas (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
12	The Big Banger & Mash with Carermalised Onion & Peas (Hearty)	\$21.50	\$15.05	\$6.45	CHILLED
13	Tandoori Chicken Drumsticks with a Cucumber Raita (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
14	Tandoori Chicken Drumsticks with a Cucumber Raita (Hearty)	\$21.50	\$15.05	\$6.45	CHILLED
15	Beef Casserole with Mixed Vegies & Mash (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
16	Beef Casserole with Mixed Vegies & Mash (Mid Size)	\$16.50	\$11.55	\$4.95	CHILLED
17	Beef Casserole with Mixed Vegies & Mash (Hearty)	\$21.50	\$15.05	\$6.45	CHILLED
18	Roast Pork & Crackling / Roast Vegies / Cabbage n Bacon / Gravy & Apple Sauce (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
19	Roast Pork & Crackling / Roast Vegies / Cabbage n Bacon / Gravy & Apple Sauce (Mid Size)	\$16.50	\$11.55	\$4.95	CHILLED

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March 2023					
20	Roast Pork & Crackling / Roast Vegies / Cabbage n Bacon / Gravy & Apple Sauce (Hearty)	\$21.50	\$15.05	\$6.45	CHILLED
21	Corned Silverside with Mash & Mixed Vegies in White Sauce (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
22	Corned Silverside with Mash & Mixed Vegies in White Sauce (Mid Size)	\$16.50	\$11.55	\$4.95	CHILLED
23	Corned Silverside with Mash & Mixed Vegies in White Sauce (Hearty)	\$21.50	\$15.05	\$6.45	CHILLED
24	Lamb Rissole with Mixed Veg and Gravy (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
25	Beef Risole with Carermalised Onion & Peas (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
26	Chicken Tenderloins with Mash & Vegies & Gravy (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
27	Chicken Tenderloins with Mash & Vegies & Gravy (Mid Size)	\$16.50	\$11.55	\$4.95	CHILLED
28	Chicken Tenderloins with Mash & Vegies & Gravy (Hearty)	\$21.50	\$15.05	\$6.45	CHILLED
29	Slow Cooked Lamb with Baked Vegies Greens & Gravy (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
30	Slow Cooked Lamb with Baked Vegies Greens & Gravy (Mid Size)	\$16.50	\$11.55	\$4.95	CHILLED
31	Slow Cooked Lamb with Baked Vegies Greens & Gravy (Hearty)	\$21.50	\$15.05	\$6.45	CHILLED
32	Chicken Baked Dinner Roast Vegies Greens & Gravy (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
33	Chicken Baked Dinner Roast Vegies Greens & Gravy (Mid Size)	\$16.50	\$11.55	\$4.95	CHILLED
34	Chicken Baked Dinner Roast Vegies Greens & Gravy (Hearty)	\$21.50	\$15.05	\$6.45	CHILLED
35	Beef Brisket Mixed Vegies & Mash in a Hickory Sauce (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
36	Beef Brisket Mixed Vegies & Mash in a Hickory Sauce (Mid Size)	\$16.50	\$11.55	\$4.95	CHILLED
37	Beef Brisket Mixed Vegies & Mash in a Hickory Sauce (Hearty)	\$21.50	\$15.05	\$6.45	CHILLED
38	Slow Roasted Pork Belly with Mash Greens & Gravy	\$21.50	\$15.05	\$6.45	CHILLED

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39	Chicken Schnitzel with Mash Mixed Vegies & Gravy	\$18.50	\$12.95	\$5.55	CHILLED
40	Chicken Breast Parmigiana with Mash & Mixed Vegies (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
41	Chicken Breast Parmigiana with Mash & Mixed Vegies (Mid Size)	\$16.50	\$11.55	\$4.95	CHILLED
42	Chicken Breast Parmigiana with Mash & Mixed Vegies (Hearty)	\$21.50	\$15.05	\$6.45	CHILLED
43	Chicken Breast in a Creamy Mushroom Sauce with Mash and Vegies (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
44	Chicken Breast in a Creamy Mushroom Sauce with Mash and Vegies (Mid Size)	\$16.50	\$11.55	\$4.95	CHILLED
45	Chicken Breast in a Creamy Mushroom Sauce with Mash and Vegies (Hearty)	\$21.50	\$15.05	\$6.45	CHILLED
46	Peri Peri Chicken Veg & Slaw	\$21.50	\$15.05	\$6.45	CHILLED
47	Chicken Thighs in a Traditional Curried Sauce with Mash and Mixed Vegies (Compact)	\$12.50	\$8.75	\$3.75	CHILLED
48	Chicken Thighs in a Traditional Curried Sauce with Mash and Mixed Vegies (Mid Size)	\$16.50	\$11.55	\$4.95	CHILLED
49	Chicken Thighs in a Traditional Curried Sauce with Mash and Mixed Vegies (Hearty)	\$21.50	\$15.05	\$6.45	CHILLED
50	Barramundi with Roast Potatoes and Greens	\$22.50	\$15.75	\$6.75	FROZEN
51	Teriyaki Chicken / Vegetarian / Pork Gyoza Dumplings with Sweet Soy & Chilli Sauce	\$12.50	\$8.75	\$3.75	FROZEN
52	Spaghetti Bolognese & Parmesan Cheese	\$15.00	\$10.50	\$4.50	FROZEN
53	Beef Stronganoff with Sour Cream & Fettucine	\$17.50	\$12.25	\$5.25	FROZEN
54	Vegetarian Pene Pasta in a Napolitano Sauce	\$15.00	\$10.50	\$4.50	FROZEN
55	Chicken and Chorizo Spiced Paella	\$12.50	\$8.75	\$3.75	FROZEN
56	Onesie Butter Chicken	\$12.50	\$8.75	\$3.75	CHILLED
57	Onesie Tandoori Chicken	\$12.50	\$8.75	\$3.75	CHILLED

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58	Onesie Chicken or Vegeatrian Satay	\$12.50	\$8.75	\$3.75	CHILLED
59	Onesie Chicken or Vegetarian Thia Green Curry	\$12.50	\$8.75	\$3.75	CHILLED
60	Onesie Chicken or Vegetarian Option with Ginger in Oyster Sauce	\$12.50	\$8.75	\$3.75	CHILLED
61	Onesie Chicken or Vegetarian Korma	\$12.50	\$8.75	\$3.75	CHILLED
62	Onesie Spicy Chicken or Vegetarian Laksa	\$12.50	\$8.75	\$3.75	CHILLED
63	Onesie Spaghetti Bolognese	\$12.50	\$8.75	\$3.75	CHILLED
64	Onesie Vegetarian Pene Pasta in a Napolitano Sauce	\$12.50	\$8.75	\$3.75	CHILLED
65	Curried Sausages with Rice	\$15.00	\$10.50	\$4.50	FROZEN
66	Butter Chicken with Rice	\$15.00	\$10.50	\$4.50	FROZEN
67	Tandoori Chicken with Rice	\$15.00	\$10.50	\$4.50	FROZEN
68	Peanut Satay Chicken with Rice	\$16.50	\$11.55	\$4.95	FROZEN
69	Peanut Satay Beef Rump with Rice	\$17.50	\$12.25	\$5.25	FROZEN
70	Chicken Thighs in a Traditional Curried Sauce with Rice	\$16.50	\$11.55	\$4.95	FROZEN
71	Vegetable Korma with Rice	\$15.00	\$10.50	\$4.50	FROZEN
72	Chicken Korma with Rice	\$16.50	\$11.55	\$4.95	FROZEN
73	Chicken with Ginger in Oyster Sauce with Rice	\$16.50	\$11.55	\$4.95	FROZEN
74	Beef with Ginger in Oyster Sauce with Rice	\$17.50	\$12.25	\$5.25	FROZEN
75	Thai Green Chicken Curry with Rice	\$16.50	\$11.55	\$4.95	FROZEN
76	Thai Green Beef Curry with Rice	\$17.50	\$12.25	\$5.25	FROZEN

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77	Malaysian Coconut Beef, Greens & Vermicelli Noodles	\$17.50	\$12.25	\$5.25	FROZEN
78	Spicy Chicken Laksa, Bok Choy Green Beans & Noodles	\$16.50	\$11.55	\$4.95	FROZEN
79	Home Made Beef Pie in Groovy Gravy	\$7.00	\$4.90	\$2.10	FROZEN
80	Curry Beef Pie	\$7.00	\$4.90	\$2.10	FROZEN
81	Worchestershire Beef Pie	\$7.00	\$4.90	\$2.10	FROZEN
82	Bolgnese & Cheese Beef Pie	\$7.00	\$4.90	\$2.10	FROZEN
83	Cheese Beef & Bacon Pie in Puff Pastry	\$7.50	\$5.25	\$2.25	FROZEN
84	BBQ Beef Brisket Pie	\$7.50	\$5.25	\$2.25	FROZEN
85	Mushroom Brisket Pie	\$7.50	\$5.25	\$2.25	FROZEN
86	Pepper Brisket Pie	\$7.50	\$5.25	\$2.25	FROZEN
87	Tomato & Onion Brisket Pie	\$7.50	\$5.25	\$2.25	FROZEN
88	Jalapeno Brisket Pie	\$7.50	\$5.25	\$2.25	FROZEN
89	Chicken & Leek Mornay Pie	\$7.50	\$5.25	\$2.25	FROZEN
90	Beef Sausage Roll	\$7.00	\$4.90	\$2.10	FROZEN
91	Beef, Cheese & Bacon Sausage Roll	\$7.50	\$5.25	\$2.25	FROZEN
92	Pork, Chorizo and Fennel Sausage Roll	\$7.50	\$5.25	\$2.25	FROZEN
93	Spinach Feta & Ricotta Pastry Roll	\$7.50	\$5.25	\$2.25	FROZEN
94	Macoroni with Melty Cheese & Bacon	\$8.50	\$5.95	\$2.55	FROZEN
95	Bacon Fried Rice	\$8.50	\$5.95	\$2.55	FROZEN

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96	Roasted Root Vegetables	\$8.50	\$5.95	\$2.55	CHILLED
97	Mixed Steamed Vegies Pack	\$8.50	\$5.95	\$2.55	CHILLED
98	Cauliflower & Melty Cheese Gratin	\$8.50	\$5.95	\$2.55	FROZEN
99	Groovy Gravy	\$4.50	\$3.15	\$1.35	CHILLED
100	Mashed Potato	\$5.00	\$3.50	\$1.50	CHILLED
101	Mushy Peas	\$5.00	\$3.50	\$1.50	CHILLED
102	Apple Pie in Flaky Puff Pastry	\$7.50	\$5.25	\$2.25	FROZEN
103	Fudgie Chocolate Brownies	\$7.50	\$5.25	\$2.25	FROZEN
104	Sticky Date Pudding	\$7.50	\$5.25	\$2.25	FROZEN
105	Chocolate Ice Cream	\$7.50	\$5.25	\$2.25	FROZEN
106	Vanilla Ice Cream	\$7.50	\$5.25	\$2.25	FROZEN
107	Chocolate Gyoza Dumplings (6) to a pack	\$12.50	\$8.75	\$3.75	FROZEN
108	Banana Gyoza Dumplings (6) to a pack	\$12.50	\$8.75	\$3.75	FROZEN